





DANSON YOUTH CENTRE

DAY	CLUB / ASHMOLE HALL	SPORTS HALL	PLUMRIDGE HALL	ROBERTSON ROOM
MONDAY 5.30-8.00	6.00 - 8.00 <u>MEGA-MIX MONDAY 8-13 yrs</u> This session includes sports, arts & crafts and seasonally themed activities. 6.30 - 7.30 DRAMA FUN 7-Teens Games, exercises, improvisation and much more.	5.00 - 6.30 <u>ROLLER SKATING</u> Junior Fun Session 6+ yrs Please bring your own skates		
TUESDAY 5.00-9.30	5.00 - 6.30 <u>TURBO TUESDAY 6-8 yrs</u> 'Youth Club' for younger members includes games, arts & crafts and seasonally themed activities.	7.30 - 9.00 <u>TRAMPOLINE Club</u> 7.45 - 9.00 <u>FOOTBALL TRAINING with FA</u> <u>Qualified Coach 11+ yrs</u>	6.30 - 7.30 7.30 - 9.30 BOXING 9+ yrs IMPROVERS ADVANCED <i>BOXING - BEGINNERS COURSE</i> AGES 9+ <i>PLEASE TELEPHONE FOR DETAILS</i>	7.30 - 9.30 <u>THAI BOXING 14+ yrs</u>
WEDNESDAY 4.00-9.00	6.00 - 8.00 <u>MULTI ACTIVITIES</u> <u>School Years 5 & 6 (9-11 yrs) only</u>	4.30 - 5.30 5.30 - 6.30 6.30 - 7.30 7.30 - 8.30 TRAMPOLINE Young Beginners TRAMPOLINE Beginners TRAMPOLINE Improvers TRAMPOLINE Club	7.00 - 9.00 BOXING Special Training	5.00 - 5.45 6.00 - 7.00 7.00 - 8.00 MINI JUDO 4-5 yrs JUDO 5-7 yrs JUDO 8-15 yrs
THURSDAY 4.00-9.30	7.00 - 9.30 <u>MULTI ACTIVITIES 11+ yrs</u> This session is open to tender young people and those with additional needs. Please ask for further information.	4.00 - 5.00 5.00 - 6.00 6.00 - 7.00 7.00 - 8.00 TRAMPOLINE Young Beginners TRAMPOLINE Beginners TRAMPOLINE Improvers TRAMPOLINE Club	6.30 - 7.30 7.30 - 9.30 BOXING 9+ yrs IMPROVERS ADVANCED <i>BOXING - BEGINNERS COURSE</i> AGES 9+ <i>PLEASE TELEPHONE FOR DETAILS</i>	4.00 - 5.00 5.00 - 6.00 6.00 - 7.00 7.30 - 9.30 GYMNASTICS 4-6 yrs GYMNASTICS 6-7 yrs GYMNASTICS 7-9 yrs <u>THAI BOXING 14+ yrs</u>
FRIDAY 5.00-9.30	7.00 - 9.30 <u>"TEEN SCENE"</u> <u>VARIED PROGRAMME</u> <u>11-15 yrs</u> 	5.00 - 6.00 6.00 - 7.00 7.00 - 9.00 FOOTBALL 4-6 yrs FOOTBALL 7-11 yrs <u>VARIED SPORTS PROGRAMME</u> <u>11+ yrs (Part of Teen Scene)</u>		
SATURDAY 9.00-6.00	9.30 - 10.00 10.00-10.45 DANSON DANCE for boys & girls BABY BALLET 3-6 yrs BALLET/TAP 7-12 yrs 	9.00 - 11.00 11.00-12.00 12.00 - 1.00 1.00 - 2.00 4.00 - 6.00 SESSIONS FOR BOYS & GIRLS CLUB GYM Invitation Only GYMNASTICS 4-7 yrs GYMNASTICS 8-9 yrs GYMNASTICS 10-Teens <u>FAMILY BADMINTON</u> <u>Members & Parents</u>	 LIKE US ON facebook  Follow us on twitter	search DansonYouthCentre @DansonYC
SUNDAY	8+ years BMX/ Skateboard/Scooter See current programme	Please note sessions that are <u>underlined</u> do not require booking. All others please enquire at the Centre as these are payable termly and/or have waiting lists.		

CHILD & YOUTH M/SHIP
£10 PER ANNUM

FEES: GENERAL ACTIVITIES
£3.00 MEMBER WITH CARD
£4 NON MEMBER

FEES: STRUCTURED CLASSES
Fees based on course length
£5 TASTER SESSION

ADULT M/SHIP (19+ yrs)
£20 PER ANNUM

FEES £4 MEMBER
£5 NON MEMBER

Those parents who wish to remain on site may do so at our dedicated facility 'The Hut'.

Some activities have restricted age groups and some sessions may have a waiting list. Please see programme overleaf for general details or contact the Centre. (Programme may change due to demand).

PLEASE READ MATERIALS ON OUR NOTICE BOARDS FOR EVER-CHANGING ADDITIONAL INFORMATION

BRAMPTON ROAD, BEXLEYHEATH, KENT. DA7 4EZ

020 8303 6052

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September to December 2017 at

DANSON YOUTH CENTRE

YOUTH CENTRE SCHOOL HOLIDAY PROGRAMME

A full and varied range of activities and outings each school half-term & summer holiday

LOOK OUT FOR LEAFLETS, VISIT THE WEBSITE OR CONTACT THE YOUTH CENTRE DIRECT

ACTIVITIES FOR ADULTS

<u>BADMINTON</u>	MONDAY	9.30-11.30 am
	WEDNESDAY	9.30-11.30 am
	FRIDAY	9.30-11.30 am
	SATURDAY	4.00 - 6.00 pm

MIXED ACTIVITIES (BADMINTON and/or TABLE TENNIS)

TUESDAY	12.00-3.00 pm
FRIDAY	1.00-3.30 pm

CLUBBERCISE MONDAY 8.00-9.00 pm

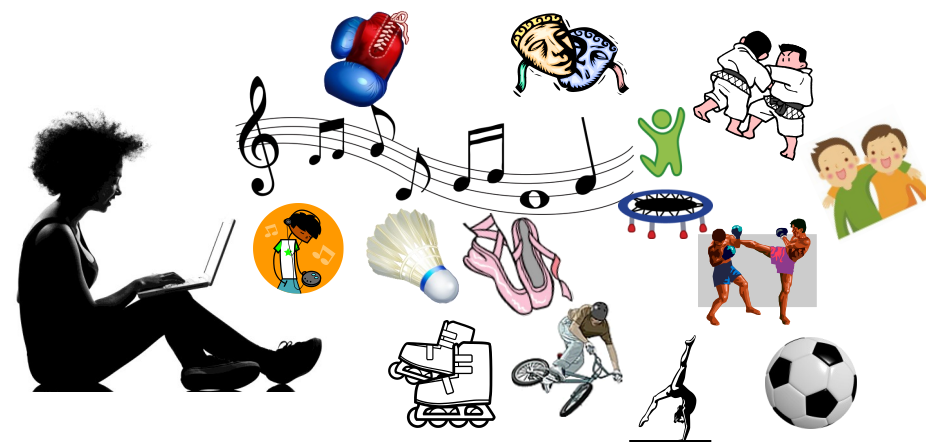
WEDNESDAY 7.15-8.00 pm

INSANITY WEDNESDAY 8.15-9.15 pm

PIYO THURSDAY 8.00-9.00 pm

THAI BOXING TUESDAY 7.30-9.30 pm

THURSDAY 7.30-9.30 pm



see inside for our full programme of activities

ADULTS - see back page